

Adult Registration

Name _____
 Street _____
 City _____
 State _____ Zip _____
 Phone _____
 Email _____
 First Choice _____
 Second Choice _____
 Amount Paid _____ Date _____

Clinics

1 hr.-\$180.00 / 1½ hrs.-\$225.00

| DAYS | TIMES | (X) |
|----------------------|-------------|-----|
| Monday | 9:00-10:00 | ___ |
| | 9:00-10:30 | ___ |
| | 10:30-12:00 | ___ |
| Tuesday | 9:00-10:00 | ___ |
| | 9:00-10:30 | ___ |
| | 10:30-12:00 | ___ |
| | 5:30-6:30 | ___ |
| | 6:00-7:30 | ___ |
| Drill & Play 3.5+ | 7:00-8:30 | ___ |
| | | |
| Wednesday | 9:30-11:00 | ___ |
| | 11:00-12:00 | ___ |
| | 6:00-7:00 | ___ |
| | 7:00-8:30 | ___ |
| Thursday | 9:30-11:00 | ___ |
| | 11:00-12:30 | ___ |
| | 5:30-7:00 | ___ |
| Friday | 9:00-10:00 | ___ |
| | 9:00-10:30 | ___ |
| | 10:30-12:00 | ___ |
| | 12:00-1:30 | ___ |

Season Court Rate

| | 32 WEEKS | | 35 WEEKS | |
|-------------------|----------|---------|----------|---------|
| Monday - Friday | 1 hr. | 1½ hrs. | 1 hr. | 1½ hrs. |
| 7am - 9am | \$1085 | \$1628 | \$1153 | \$1730 |
| 9am - 12pm | \$1323 | \$1984 | \$1406 | \$2108 |
| 12pm - 4pm | \$1187 | \$1781 | \$1261 | \$1892 |
| 4pm - 10pm | \$1628 | \$2442 | \$1730 | \$2595 |
| 10pm - Closing | \$1085 | \$1628 | \$1153 | \$1730 |
| Saturday & Sunday | 1 hr. | 1½ hrs. | 1 hr. | 1½ hrs. |
| 7am - 9am | \$1221 | \$1832 | \$1297 | \$1946 |
| 9am - 2pm | \$1492 | \$2239 | \$1539 | \$2309 |
| 2pm - Closing | \$1221 | \$1832 | \$1297 | \$1946 |

Private Lessons:

½ hr.-\$45.00, 1 hr.-\$80.00

Rent a pro on season court:

½ hr.-\$40.00

Daytime doubles league:

2 hrs.-\$25.00



*Scott Wilson Racquet Pro Shop
Stringing services available



ADULT TENNIS PROGRAMS 2011/2012

Session 1 - Sep.12 - Oct.17

Session 2 - Oct.24 - Nov.28

Session 3 - Dec.5 - Jan.16
(off week 12/25-1/1)

Session 4 - Jan.23 - Feb.27

Session 5 - Apr.2 - May 7

100 Elm Street

North Haven, CT 06473

203-239-5665 / NHHR.com

Here at North Haven Health & Racquet, each professional is committed to bringing you the finest Tennis Programs possible. The programs are designed, first and foremost, to give you the most well-rounded education in tennis, which will enable each individual to enjoy the sport for their entire life.

-NHHR Tennis Professionals



INDOOR TENNIS/RACQUET CLUB

ADVOCATE
★ BEST ★
OF
NEW HAVEN™
READERS' POLL
2011

GRAND PRIX

GRAND PRIX'S are a chance to enhance your game through match play. Our leagues are offered for singles, M-F 12:00pm-1:30pm or M-TH 8:30pm-10:45pm and Sunday doubles 6:30pm-8:45pm. Cost:

M-F: \$20 for members/\$25 for non-members,

M-TH: \$34 members/\$37 for non-members and

Sunday: \$27 for members/\$30 for non-members

FRIDAY NIGHT TENNIS PARTY

Come and have a great time playing round robin doubles. Afterwards, enjoy some food, beverages and conversation. Friday's from 7:30pm-10:30pm. Cost: \$24 members/\$29 non-members

Daytime In House Doubles Ladder/League

Enjoy competitive weekly doubles play set up by the staff. Progressive play format therefore teams move up/down each week depending on the total games won/lost. Cost: \$25 for two hours (12:00-2:00)

Monday: 4.0+ Advanced Level

Tuesday: 3.5 High Intermediate Level

Wednesday: 2.5-3.0 Low Intermediate Level

Thursday: Singles

*Spaces limited, sign up soon!

Ask about our



North Haven Health & Racquet is proud to host mens and womens adult USTA teams summer and winter.

Enter your own or join one of our already existing teams.

Call and ask for Megin to discuss practice times and USTA perks.



NHHR is putting the fun back in tennis and our Junior Cardio Tennis program is designed to do just that. This fast pace program offers kids the opportunity to enjoy music, games, and live drills in ways they never have before. Exercise has never been so much fun.

| Cardio | | |
|-----------|-----------------------------|---------------------------|
| DAYS | TIMES | PRICE |
| Monday | 7:00-8:30pm | \$20.00 Per Session |
| Wednesday | 6:30-8:00am | |
| Thursday | 12:00-1:30pm 7:00-8:30pm | |
| Saturday | 8:00-9:30am | |